



# Paste Paper is Fabulous! Let's Get Started

Did you know that you can create stunningly beautiful papers with paste or starch and acrylic paint? You can use card stock, old scrapbook paper, newspaper, scrap paper and more so it's a great recycling process, too. Gather your supplies and get creative!

#### Sneak Peek



This is a sample of where we're headed in this class.

Let's see what you need.





## **Supplies**



To make paste paper, you only need some kind of paste or starch and paint.

#### You'll need:

Elmer's Art Paste dissolved in distilled water or Sta-Flo Liquid Starch or Pre-mixed Wallpaper Paste

To prepare Elmer's Art Paste for use with paste paint, add the contents of the box into 1 gallon of distilled water. This mixture lasts for a very long time IF you use distilled water. If you use anything else, it will mold.

#### **Acrylic Paints**



Craft Paints in assorted colors. Be sure to use some metallic paints, too. I prefer bright and vibrant colors.





### **Disposable Cups and Craft Sticks**



- Small disposable cups one per color
- Craft sticks or plastic spoons for stirring paint (not pictured)

#### **Brushes**



Foam brushes - one per color. Inexpensive chip brushes also work well.





# Newsprint



I use a large tablet of inexpensive newsprint to protect my table. The bonus is great sheets of random color to use in other projects.

### **Plastic Sheet and Paper Towels**

You need some place to put wet papers while they dry. A large sheet of plastic or an old sheet works well.

Paper for clean up.

# **Texture Tools**



You don't need all of these. I'll show options and then you can choose what you want to play with.

This is a rubber-tipped paint eraser - great for drawing into the paste paints.





Plastic tools used for shaping clay work well, too.

## **Old Credit Cards**



- 1. Anything with notches makes a good tool. I've cut into old credit cards with sturdy scissors to form patterns. Or, you can use sturdy hole punches to punch the edges of the cards.
- 2. This is a notched paint-depth tool.
- 3. Look around to see what other kinds of tools you can use to make marks a grill scraper or bubble wrap or...





### Water Soluble Ink



I'll be showing you how to use highly pigmented Dylusions Ink Sprays. They are available in an assortment of colors. I like the brightest colors for this process.

## **Plastic Gloves**



Dylusions Ink Sprays are potent and will stain your skin! Wear plastic gloves or else you'll have colorful hands.





#### Cardstock



65 lb white cardstock is my favorite thing to use for making paste paper. Other light colors are good, too.

## Paper



It's fun to try an assortment of old book paper or scrapbook paper, too. Why not try deli wrap, too?

You'll need some newspaper, too, when you use the spray inks outside.





### **Stencils and Masks**



Look for stencils everywhere - kids' section of discount stores, needlework section of hobby stores, and don't forget the art section of your craft store. Anything paint will penetrate can be used as a stencil - even rubber mats for the bottom of a sink. Found objects are some of my favorite stencils!

#### Stamps



Foam stamps or found objects like spools, spindles, etc., are great to use for texturing the paste paper, too.





#### Getting Started - Play With Spray Inks and Stencils



(In the class, I showed how to do this without actually doing it because this part really needs to be done outside!)

Take cardstock sheets, scrapbook papers, etc., Dylusions Spray Inks and stencils outside. (Be sure to wear plastic gloves when using these inks. Although they are water soluble, they are powerful stainers on skin.) Lay various stencils on a sheet of cardstock and spray with 2 or 3 colors of ink. No need to saturate or cover the entire sheet. It's best to leave white areas. Stack the sheets as you finish them which allows some color contamination that adds to the variety. As stencils become laden with ink, turn them face down and press onto cardstock or paper to transfer excess ink.





## Ink Sprayed Cardstock



This is what you're after. Nothing special. Just get some color and pattern on the cardstock. Use 2 or 3 colors of ink during this process.

## Prepare Paste Paint - Dissolved Elmer's Art Paste, Wallpaper Paste or Liquid Starch



Put about 1/4" of paste or starch in a disposable cup and squirt in the paint. Stir. If it's not pigmented enough to suit you, squirt in more paint. Stir again. This is not an exact science!





### **Cups of Paint**



It's a good idea to put cups of mixed paint into another container. It helps prevent accidental spills.

Mix small batches of paint as it goes a LONG way.

# Paint the Cardstock



Paint a coat of paste paint over the stenciled cardstock.





## Add More Paint



You can use multiple colors and blend slightly between them. You need to work quickly because the paint must stay wet. Some of the ink will dissolve into the paint. That's exactly what you want.





## **Texture Paint**



Using one of your texture tools, draw into the wet paste paint. The paste prevents the paint from slumping back and filling in the texture. **Cool, huh?!** 

Set aside to dry. You can add multiple layers of additional colors, but each layer needs to be dry.



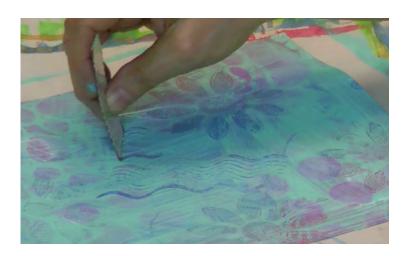


#### Stamp



While the paint is wet, try stamping with a foam stamp. sometimes it works and sometimes it doesn't. Play and see what happens. There are no mistakes. If you don't like something, Let it dry and add another coat of paint in a different color and texture it again.

## Add Texture, Too



While the paint is still wet, add some texture by scraping with one of the notched tools.



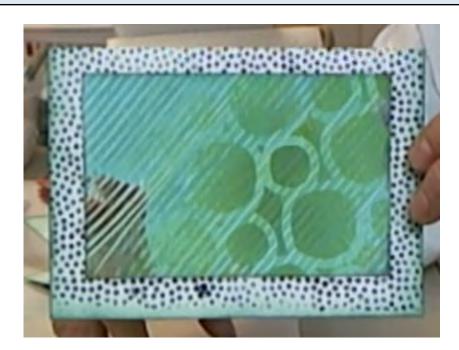


## **Paint Eraser**



After texturing with a scraper, I added finer lines with the paint eraser. You can write words with this tool, too.

## **Paste Paper Fun**



Create your own notecards.





## Make a Book



I've used all paste papers and watercolor paper to create this accordion-style book.





## **Die Cuts**



Using commercial dies and paste paper, you can create your own embellishments for other projects.





### **Leftover Paint**



Brush leftover paste paints into an old book. Before the paint dries, put parchment paper between pages and as the paint dries, it will assume some great texture from the insert paper. Now, you have another project started!

#### **Another Paste Paper Class**

Be sure to check out **Paste Paper Pizazz - Turn Piles Into Perfection!** for additional paste paper ideas. See you there.